



Dream Big, Aim High
& Make a Difference

Weekly Bulletin

2023-24 No:98 Friday 9th February 2024

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Dear Parents and Carers,

At school this week we have been supporting the national theme of 'Children's Mental Health Week.' We have approached this through following the NHS model of [5 Steps to Mental Wellbeing](#) linked to being physically active, learning a new skill, connecting with other people, giving to others and taking notice/being in the moment. Whilst this compliments the learning that has taken place so far throughout the year linked to My Happy Mind, we have provided a range of opportunities for pupils to carry out 'random acts of kindness' in order for them to give to others. On Tuesday afternoon children also had the opportunity to 'connect' with different members of staff by attending sessions of their choosing on themes they enjoyed, e.g. pets, Disney, spiffies, pop up books. Also, this afternoon they have all had the chance to learn a new skill with a different member of staff, with DIY, cat's cradle, brushing teeth and 'zentangles' being a couple of options that could be selected. Whilst there are obviously situations where specific intervention is needed to support the mental health and well-being of children and young people, these 5 steps to Mental Wellbeing is a good place to start and hopefully the children have enjoyed the different opportunities this week, so thank you to Mrs Smith for arranging them and all staff for being willing to do things a little bit differently. And if you want to speak to your child about their mental health, this ['Top-tips for Families'](#) leaflet provides a helpful starting point for discussion.

It has been a quieter week on the sporting front with a 3-1 loss to Tower Hill for the girl's football team being the only fixture to feedback about. Despite giving 100% effort in the cup game after school last Friday, they found it difficult to convert their chances but we look forward to hearing more about their success in the league campaign after half-term.

With the half-term drawing to a close it has been lovely to welcome so many of you in to school on Tuesday, (and later this evening), to attend the Spring Term Parent Consultations. The opportunity to have a 10 minute conversation with your child's class teacher and look at their learning in books will always be beneficial for your child as we work together to provide the best possible provision for them, so a big thank you for attending and to the teachers for playing their part too in this final week before half-term.

Actually, over the past few days a number of parents have wanted to provide positive feedback to staff members, either in person or via email, and this is always greatly appreciated, and shows that staff are appreciated too, so thank you.

Have a lovely half-term break and we look forward to welcoming you all back on Monday 19th February.

Kind regards

Mr B Ellis - Head Teacher

Diary Dates

February 2024

Friday 9th – INSET DAY (School Closed)

Monday 12th – Friday 16th HALF-TERM (School Closed)

Monday 19th – Pupils return to school

Thursday 22nd – PTA Discos

Friday 23rd - Year 6 SE Trains 'Journey Planning & Staying Safe' workshops

Tuesday 27th – Reception Height & Weight Checks

March 2024

Wednesday 6th – Katsura Class Assembly

Thursday 7th – World Book Day

Celebration

The following pupils have been chosen to be celebrated this week by their class teacher.

Lunchtime Supervisor Nomination: Oliver S

Class	Lead Learner	Star of the Week	Weekly Attendance*
Oak	Evie L	Hugo C	96.2%
Maple	Brodie G	Charlotte D	95.4%
Juniper	Natalia S	Bleu J	93.1%
Aspen	Natalia C	Beth S	95.3%
Redwood	Elsie-Lou D	Adam J	93.5%
Bonsai	Davut Y	Sophie Go	91.3%
Katsura	Richard K	Indie-Ana E	99.1%
Rowan	Kayden L	Aaman C	96.2%

*Highest weekly class attendance in bold print

Potley Point Totals:

Blue – 187

Yellow - 381

Red – 343

Green – 216

Timetable Rockstars:

Most Active & Improved – Redwood Class

NHS 5 Steps to Mental Wellbeing

- CONNECT** Spend time with people around you – at home, school or the local community.
- BE ACTIVE** Moving makes you feel good. Look for an activity you enjoy and give it a try.
- KEEP LEARNING** Learning isn't just for school. Learn something new – try something different.
- GIVE** Help other people by being kind, giving a smile or a 'thank you'. Do something for others.
- TAKE NOTICE** Be aware of the world around you and what you are feeling.

EXTRA-CURRICULAR ACTIVITIES

The extra-curricular activities that are planned for each week are below.

We will endeavour to run extra-curricular activities whatever the weather. However, if any activities need to be cancelled, we will contact you via Arbor.

Please collect your child from the gate at the lower end of the top playground at 4.15pm from school-run clubs.

Monday

Years 1 & 2 – Yoga Club
Miss Barton Oak classroom (15 pupils)

Years 4 to 6 – Choir
Mr Ellis & Mrs Wilding Music room (30 pupils)

Additional members now welcome in preparation for 'Creative Cluster Event' at Frogmore CC on Thursday 21st March.

Year 6 Booster Clubs (invite only)
Miss Miles/Mrs Richards Katsura/Bonsai classrooms

Judo 4 Juniors – (Judo in School Hall) Years 1-6
[Click here](#) for more information

Tuesday

Years 1 to 6 Well-Being Club (invite only)
Mrs Elkins & Mrs Watson Oak classroom

Wednesday

Netball (Boys & Girls teams only)
Mrs Bailey Playground

Bustagroove - (Street Dance in Redwood Class)
Years R-2 bustagroove.info@gmail.com

Thursday

Years 3 to 6 – French Club
Mrs Smith Aspen classroom (12 pupils)

Friday

Football team (Boys & Girls teams only)
Mr Farrer Frogmore CC Astro

Kindness on Campus

A parent of two pupils within our school would like to express her thanks for the help provided to her mother following a fall on the playground last Tuesday (30th Jan). Whilst everything ended up being OK, at the time of the incident the support of other Potley Hill parents, (together with a pupil from Frogmore Community College too), was very much appreciated and we wanted to share our gratitude too, so thank you to everyone who helped.



The 10mph speed limit for our campus is in place in order to keep children safe. Anyone driving a vehicle needs to adhere to this speed limit at all times, including in the car park areas. Thank you for your co-operation.

Potley Hill Primary School Menu October 2023 – March 2024 £3 per day

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
W/c 4 th & 25 th March	Plant-based burger in a bap with diced potatoes	Tomato pasta	Margherita pizza with diced potatoes	Quorn chicken pieces in a Yorkshire pudding roast potatoes & gravy	Sweet potato and lentil curry with white and brown rice
	Spaghetti bolognese	Italian style chicken goujons with diced potatoes	Chicken and oriental style vegetable rice	Sliced beef with Yorkshire pudding, roast potatoes & gravy	Baked fish fingers with chips
	All served with Vegetable of the day or salad	All served with Vegetable of the day or salad	All served with Vegetable of the day or salad	All served with Vegetable of the day or salad	All served with Vegetable of the day or salad
	Yoghurt, fruit and mini shortbread biscuit	Chocolate brownie	Fruit and Jelly	Lemon drizzle sponge	Shortbread biscuit
Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
W/c 19 th Feb, 11 th March	Cheese and tomato puff with diced potatoes	Roasted vegetable lasagne	Margherita pizza with crinkle cut wedges	Vegetable pastry crown, roast potatoes & gravy	Cheddar cheese and potato frittata
	Cottage pie	Chicken nuggets with diced potatoes	Ham carbonara with penne pasta	Roast chicken with Yorkshire pudding, roast potatoes & gravy	Baked battered fish and chips
	All served with Vegetable of the day or salad	All served with Vegetable of the day or salad	All served with Vegetable of the day or salad	All served with Vegetable of the day or salad	All served with Vegetable of the day or salad
	Yoghurt, fruit and mini shortbread biscuit	Apple flapjack	Fruit and Jelly	Victoria Sponge	Jumble biscuit
Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
W/c 26 th Feb, 18 th March	Cheddar cheese and tomato quesadilla with diced potatoes	Macaroni cheese	Margherita pizza with crinkle cut wedges	Cheese and tomato puff	Vegetable and bean burrito
	Pork sausage roll with diced potatoes	Chicken curry with brown and white rice	Bubble salmon with crinkle cut wedges	Roast chicken with Yorkshire pudding, roast potatoes & gravy	Baked fish fingers and chips
	All served with Vegetable of the day or salad	All served with Vegetable of the day or salad	All served with Vegetable of the day or salad	All served with Vegetable of the day or salad	All served with Vegetable of the day or salad
	Yoghurt, fruit and mini shortbread biscuit	Love cake	Fruit and Jelly	Chocolate orange sponge	Marble shortbread biscuit