

# **Weekly Bulletin**

2021-22 No:20 Friday 11<sup>th</sup> February 2022

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Dear Parents and Carers,

Throughout the week pupils across the school have been thinking about mental health and our theme of 'express yourself.' Our focus for Children's Mental Health Week has culminated in pupils wearing something today which has enabled them to express themselves in one way or another, and what has been wonderful to see is the wide variety of ways in which pupils have done this. There have been medals being worn, bright clothes, brownie/beaver uniforms, carefully selected hats and many other ways of expressing themselves. For anyone to feel comfortable with who they are is vital for good mental health and your support with the aim of today has been greatly appreciated.

Also sandwiched in the middle of the week was Safer Internet Day where pupils explored the challenges that come with staying safe online and if you need any help. They looked at what information is safe to be shared and why certain personal information should never be shared online, but if you need any guidance about how to support children with their online safety then simply <u>click</u> <u>here</u> for further information.

In addition to these events within school I have also had the opportunity to share all of the fantastic learning taking place within classrooms with a member of the Hampshire School Improvement Team. He visited a number of lessons with me, looked in pupil's books and met with a range of different subject leaders together with spending time with governors during his day with us and it was a positive experience. The exemplary behaviour of the pupils was commented on and they should feel proud of how welcoming they make visitors to school feel.

Have a lovely weekend.

Mr B Ellis - Head Teacher

# **Diary Dates**

#### February

Monday 14<sup>th</sup> – Parents Evening 3.30 - 6.00pm Thursday 17<sup>th</sup> – Parents Evening 4.30 – 7.00pm

Monday 21st – Friday 25th Half Term

Monday 28th – INSET Day (School Closed)

#### March

Tuesday 1<sup>st</sup> – Pupils return to school Tuesday 1<sup>st</sup> March – PHPS World Book Day Thursday 3<sup>rd</sup> March – Orchestra Unwrapped Tuesday 15<sup>th</sup> March – Scrooge Performance (in school) Friday 18<sup>th</sup> March – Comic Relief

## Celebration

The following pupils have been chosen to be celebrated this week by their class teacher.

Class	Lead Learner	Bee Award	
Butterfly	Evander D	Piper S	
Flamingo	Natalia C	Lexi H	
Penguin	Teddy N	George S	
Dolphin	Summer Mc	Evie S	
Turtle	Oliver S	Lara M	
Stingray	Declan R	Indie-Ana E	
Panther	Sophie C	Alana L	
Lion	Benjamin G	Sienna C	
Leopard	Lucy M	Alfie M	

### Team Point Totals

Blue - 149 Red - 176 Yellow - 163 Green - 172

Attendance – Lion 97.92%

Timestable Rockstars Highest Participating Class – Leopard

# Naomi House & Jacksplace

We were lucky enough to be visited this morning by Tash and Louise from Naomi House & Jacksplace, which is the charity the School Council have decided to help raise money for this year. They spoke to the children in assembly about the work the charity does to support life limited and life threatened children and young adults, together with showing them pictures of the facilities they have to provide respite for them. All the children were incredibly respectful when listening to what they had to say and were pleased when they were visited in class by Tash and Louise who presented a 'thankyou card' to each class for their fundraising efforts so far this year. If you would like to find out more about what Naomi House & Jacksplace do then please <u>click here</u>.

# **EXTRA-CURRICULAR ACTIVITIES**

These are the extra-curricular activities that are planned for each week.

We will endeavour to run extra-curricular activities whatever the weather. However, if any activities need to be cancelled we will contact you by ParentMail

#### After all school-led activities, please collect your child from the side gate near Reception.

EXTRA-CURRICULAR ACTIVITIES						
Monday	Tuesday	Thursday				
Judo 4 Juniors - (External Provider)	Years 1 &2 Lego Club Miss Barton School Grounds	Years 3-6 Hockey Club Miss Anstey – 3G				
Lasha Lekishvili	(20 pupils)	(25 pupils)				
Click below for information about places	Years 5 & 6 Netball Club	Years 5&6 Boys & Girls Football Club Mr				
https://judo-4-juniors.class4kids.co.uk	Mrs. Smith – School Playground (15 pupils)	Farrer – 3G (25 pupils)				

# **Football News**

In last week's bulletin I explained I was looking forward to bringing you news of further sporting success. Whilst I am unable to report a victory I can let you all know that the boy's Football Team played their first game of the season away at Westfields Juniors yesterday. A spirited effort from the team ensured they opened their account for the season by scoring twice unfortunately Westfields scored a few more but the boys should feel proud of their hard work and efforts and we wish them well for the rest of the season.

# **Healthy Snacks**

Providing healthy snacks to pupils is important to support a nutritionally balanced diet whilst also encouraging lifelong healthy eating habits. Sometimes it is difficult to think of what those healthy snacks might be but a few examples that have been seen around school are:

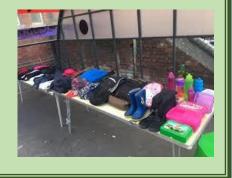
Fruit – apple, pear, banana, oranges, melon, berries, plums, grapes, mango or dried fruits

**Vegetables** – carrot sticks, celery sticks, cucumber, tomato, snap peas, string beans

Healthy grains – whole grain cereals, crackers, healthy rice cakes, pita bread, flat bread, granola or healthy cerel bars Thankyou for your support with ensuring any snacks provided are as healthy as possible.

# Lost Property

At Parents Evening next week all of the school 'lost property' will be put out near the front of the building. Any items that are not claimed will be donated to the PTA to be sold as second hand uniform so please make sure you check it for any of your child's items that might have gone missing in recent weeks!



	SCHU	ol meal	<b>s</b> are £2.50	peruay				
Potley Hill Primary School Menu January to April 2022								
Week 1	Monday	Tuesday	Wednesday	Thursday	Friday			
W/c 17 <sup>th</sup> Jan, 7 <sup>th</sup> Feb, 7 <sup>th</sup> March, 28 <sup>th</sup> March,	Vegan spaghetti bolognaise	Vegetarian sausages, mashed potato and gravy	Pizza Potato crispers	Vegan mince and potato Pastry parcel	Somerset cheddar cheese and tomato Quesadilla (no beans)			
	Sausage roll, diced potatoes	Creamy chicken pasta	Chicken curry with rice	Sliced beef, Yorkshire pudding	Fish fingers, chips, tomato ketchup			
	Veg of the day	Veg of the day	Veg of the day	Veg of the day with roast potatoes, gravy	Veg of the day			
	Vanilla ice-cream and fruit salad	Chocolate pudding	Oat and raisin cookie	Rice pudding and fruit compote	Cold desserts			
Week 2	Monday	Tuesday	Wednesday	Thursday	Friday			
W/c 3 <sup>rd</sup> Jan, 24 <sup>th</sup> Jan, 14 <sup>th</sup> Feb, 14 <sup>th</sup> March,	Sweet potato and lentil curry	Macaroni cheese	Pizza	Vegetarian cottage pie with gravy	Free range omelette with cheese and tomato			
4 <sup>th</sup> April.	Pork sausages, mashed potato, gravy	Lemon and herb chicken and cous cous	Vegetarian goujons	Turkey meatloaf, mashed potato, gravy	Battered fish, chips, tomato ketchup			
	Veg of the day	Veg of the day	Potato crispers, veg of the day	Veg of the day	Veg of the day			
	Vanilla ice-cream and fruit salad	Fruit crumble and custard	Gingerbread	Coconut and jam sponge	Cold desserts			
Week 3	Monday	Tuesday	Wednesday	Thursday	Friday			
W/c 10 <sup>th</sup> Jan, 31 <sup>st</sup> Jan 28 <sup>th</sup> Feb, 21 <sup>st</sup> March	Cheese and onion pasty with potato wedges	Tomato pasta	Pizza Potato crispers	Homemade vegetarian toad in the hole	Vegetable and bean burrito			
	Spaghetti and turkey meatballs	Bubble salmon and diced potatoes	Chicken and vegetarian fried rice, curry sauce	Roast chicken, Yorkshire pudding	Fish fingers, chips, tomato ketchup			
	Veg of the day	Veg of the day	Veg of the day	Veg of the day with roast potatoes, gravy	Veg of the day			
	Vanilla ice-cream and fruit salad	Love cake	Chocolate orange biscuit	Chocolate brownie	Cold desserts			

## SCHOOL MEALS are £2.50 per day