



Dream Big, Aim High
& Make a Difference

PSHE Whole School Overview 2025-26

Subject	Autumn		Spring		Summer	
Year R	My happy mind – Meet your brain	My happy mind - celebrate	My happy mind - appreciate	My happy mind - relate	My happy mind - engage	Additional content
Year 1	My happy mind – Meet your brain	My happy mind - celebrate	My happy mind - appreciate	My happy mind - relate	My happy mind - engage	Additional content
Year 2	My happy mind – Meet your brain	My happy mind - celebrate	My happy mind - appreciate	My happy mind - relate	My happy mind - engage	Additional content
Year 3	My happy mind – Meet your brain	My happy mind - celebrate	My happy mind - appreciate	My happy mind - relate	My happy mind - engage	Additional content
Year 4	My happy mind – Meet your brain	My happy mind - celebrate	My happy mind - appreciate	My happy mind - relate	My happy mind - engage	Additional content
Year 5	My happy mind – Meet your brain	My happy mind - celebrate	My happy mind - appreciate	My happy mind - relate	My happy mind - engage	Additional content
Year 6	My happy mind – Meet your brain	My happy mind - celebrate	My happy mind - appreciate	My happy mind - relate	My happy mind - engage	Additional content